**专题01 读后续写之人物手上动作描写**



**一、**关键词

**1.seize** 抓住；俘获   
seize a chance, an opportunity 抓住机会 seize sth. (from sb.)（常指通过暴力突然）夺取

seize on sth.突然大为关注，抓住（可利用的事物）

**2.grab/ grasp** 抓住；急忙抓住

~ a chance/an opportunity急忙抓住（机会）  grasp at sth.尽力抓住某物

**3.drag** 拖拽；吃力地往前拉

常用短语：  
drag by 过得很慢；拖沓地进行

例句：The last few weeks of the summer really dragged by.夏天最后的几个星期过得真是慢啊。

drag sth into sth 毫无必要地扯到   
例句：Don’t drag the children into our argument. 不要硬让孩子也卷入我们的争论。

4. **wag [wæɡ]**v.（动物尾巴）来回摇摆；来回摇动（竖立的手指）

5. **rub  [rʌb]** vt. 擦；摩擦

6. **pull /push** 拉/推

7. **raise** 举起，抬起

8. **tap**轻叩 / **pat**轻轻地拍

二、常用短语

take one’s hand 牵某人的手

reach for one’s hand 伸手抓住某人

hold hands 手拉手

in one’s hand 在手里

with both hands 用双手

shake one’s hand 握手

hold out a hand 伸出手

put one’s hands to one’s cheeks 用双手捂住脸

raise one’s hands 举手

slid one’s hands into将手插进......

spread one’s hand 摊开双手

rub one’s hands together使劲搓着双手

one’s hands shake/tremble 某人的手颤抖着

catch/ hold of one’s arm 抓住某人的手臂

cup one’s hand over 捂住......

with one’s head in one’s hands双手抱着......

hand in hand 手拉手

raise a warning finger 举起一手指以示警告

raise/hold up a finger to one’s lip 把一根手指举到某人唇边

wag/wave one’s finger 某人摇着手指

wave one’s arms 挥动某人的双臂

with crossed arms 双臂交叉

fold one’s arms 某人双臂交叉

hold out/open one’s arms伸出/张开双臂

catch /grab one’s arm 抓住某人的胳膊

take one’s arm 挽住某人的胳膊

arm in arm 手挽手

put/throw one’s arms around sb. 搂住某人

pull sb. into one’s arms 拉某人进怀

三、优美句子

1．Stunned, I stood up and gave her an awkward hug / hugged her in an award way.

2．Speechless, she smiled radiantly and gathered her son into her arms.

3．The nearer it got, the more she waved the yellow blouse wildly.

4．The man took the sacks, reached into his pocket and placed four coins in Reuben’s hand.

5．Then, clutching the tin can, he headed for the shop.

6．He parked down the street from Bobby’s house, and rushed to his front door, trembling with excitement.

7．The man gently wrapped the gift in brown paper and placed the parcel in Reuben’s hands.

8．Dora lifted the lid, tears beginning to blur her vision.

9．Seeing no other people notice us, I placed the Christmas present down and pounded his doorbell.

10．She didn’t say a word, but smiled a watery smile and held my hand tightly.

11．As we shook hands with the new owners, I told them how fortunate they were.

12．He patted my head, and inquired: “Is there anything particular you want?”

13．He was squeezing my wrist so hard that it ached.

14．She stroked her fingers through my hair, and said: “Of course there is a Santa Clause.”

15．She handed the napkin to me, and three $20 bills fell onto my desk when I opened it.

16．Stevie looked at me, and then at his mother, then pulled out one of the napkins.

17．The class clapped warmly as Mr. Lee presented me with the reward.

18．He reached into his pocket and withdrew a note.

19．Mrs. Damon pointed to the quotation from Albert Einstein hanging on the wall.

20．Calmly he picked up the brush and started again to whitewash.

21．She nervously fingered her collar.

22．He stroked the cat and patted the dog

23．She tapped him on the shoulder.

24．He grasped my hand and we ran

25．She grabbed her briefcase and ran to the bus stop

26．The thief snatched the handbag and disappeared into the crowd.

27．Press the button.

28．Please handle the goods with great care。

29．George stood silently with his arms folded.

四、写作练习（一） 根据提示填空：

1.She tried\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_(夺枪) from him.

2.He was \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (笨手笨脚地想抓住艾尔弗雷德的手臂)and dig my nails into his flesh.

3.In sport, it’s usually men \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_(新闻人物通常是男性) .  
4.If you were you, I\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_(要抓住我的免费索取的权利，现在)!

5.Success is now \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_(在望).

6.She allowed \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_(胜利从手中溜走了).

7.He\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_(马上就明白)Tephen was talking about his wife.

8.He \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_(设法牢牢抓住了那个金属物), get a firm grip of it and heave his body upwards.

9.Attlee was extremely intelligent and\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_(对局势的把握颇为高明).

10.Use your mouse \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_(拖动图片将其调整为新的尺寸).

11.He was barely able\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_(拖着那条中毒的腿走路 )

12.The minutes \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_(熬过去)

时间一分钟一分钟地。

13.As far as shopping for clothes goes, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_(是件挺没意思的事)

14.\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_(他拖着腿), and he can hardly lift his arm.

15.I  tried to \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_(走出来)morass of despair.

16.Please concentrate on the business at hand and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_(不要牵扯其他问题).

17.I  don’t want to go back there and\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_(重提那件气人的事)

18.You’ll never get home\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_(你走这么慢).

19.He felt hot tears\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_(掉到他的手指上)

他感觉到热泪。

20.Nancy \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_(疲惫地瘫坐到)a nearby chair

21.Britain \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (从第二位降到了)third place in the league.

22.There was \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_(垂直深渊)just outside my window

23.If  I\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_(给点暗示)he might give me a big present.

24.Burning embers started \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_(从天花板上往下掉)

25.He \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_(放低了声音) and glanced round at the door.

写作练习（二）将下列句子翻译成英文：

（第一组）：

1.他向前跑着，挥动着双臂。

2.他站在那里，双臂交叉，看上去很生气。

3.她双臂交叉，盯着他

4.他微笑着伸出/张开双臂。

5.他伸出一只手抓住她的胳膊。

6.她走近父亲，挽住他的胳膊。

7.他们手挽手走着

8.他跑到她跟前，搂住她。

9.他把她拉进怀里，吻了她。

（第二组）：

1.她拉住孩子的手牵着他爬上台阶。

2.他伸手抓住她的手并紧紧握住。

3.他们手拉手并肩走着。

4.他手里拿着钥匙。

5.他双手抓着绳子。

6.他握住我的手好像我们是失散多年的朋友。

7.她笑着伸出一只手表示欢迎。

8.窘迫之中她用双手捂住了脸。

9.几个学生举手回答问题。

10.他悄悄地将手插进口袋里。

11.她耸耸肩，摊开双手说：“我只能告诉你这么多了。”

12.她一边颤抖，一边使劲搓着双手。

13.她的手颤抖着把杯子送到唇边。

14.一只有力的手伸了出来抓住了她的手臂。

15.我用手捂住电话，免得他们听到我的话。

16.他双手抱着坐着。

17.他们手拉手沿着小路走。

（第三组）：

1.老师举起一个手指以示警告，我们停止了交谈。

2.她把一根手指举到唇边，要求肃静。

3.“这些都不是！”老师摇着手指喊道。

4. 我把手指蘸着酱汁舔了舔。

参考答案

写作练习（一） 根据提示填空：

1. She tried to seize the gun from him.

她试图夺他的枪。

2. He was clumsily trying to grab at Alfred’s arms and dig my nails into his flesh.

他笨手笨脚地想抓住艾尔弗雷德的手臂，指甲抠进了他的肉里。

3. In sport, it’s usually men who grab the headlines.

在体育方面，新闻人物通常是男性。

4. If you were you, I’d grab my FREE copy right now!

如果你是你，我要抓住我的免费索取的权利，现在！

5. Success is now within our grasp.

现在胜利在望。

6. She allowed victory to slip from her grasp.

她让胜利从手中溜走了。

7. He instantly grasped that Stephen was talking about his wife.

他马上就明白斯蒂芬在说他的妻子。

8. He managed to grasp the metal, get a firm grip of it and heave his body upwards.

他设法牢牢抓住了那个金属物，把整个身子往上提。

9. Attlee was extremely intelligent and his grasp of the situation was masterly.

阿特利聪明过人，对局势的把握颇为高明。

10. Use your mouse to drag the pictures to their new size.

用鼠标拖动图片，将其调整为新的尺寸。

11. He was barely able to drag his poisoned leg behind him

他极费力地拖着那条中毒的腿走路。

12. The minutes dragged past

时间一分钟一分钟地熬过去。

13. As far as shopping for clothes goes, it’s a drag

逛街买衣服是件挺没意思的事。

14. He drags his leg, and he can hardly lift his arm.

他拖着腿，几乎举不起他的胳膊。

15. I tried to drag myself out of the morass of despair.

我试图从绝望的困境中走出来。

16. Please concentrate on the business at hand and don’t drag in irrelevant issues.

请你集中谈这件事，不要牵扯其他问题。

17. I don’t want to go back there and drag up that anger again

我不想再回到那儿，重提那件气人的事。

18. You’ll never get home if you drag along like this.

你走这么慢，哪辈子能蹭到家呀？

19. He felt hot tears dropping onto his fingers

他感觉到热泪掉到他的手指上。

20. Nancy dropped into a nearby chair

南希疲惫地瘫坐到近处的椅子上。

21. Britain has dropped from second to third place in the league.

英国在联赛中的排名从第二位降到了第三位。

22. There was a sheer drop just outside my window

我的窗外就是垂直深渊。

23. If I drop a few hints he might give me a big present.

如果我给点暗示，他没准会送我一个大礼。

24. Burning embers started dropping from the ceiling

余火未尽的木块开始从天花板上往下掉。

25. He dropped his voice and glanced round at the door.

他放低了声音，在门口环视了一下。

写作练习（二）将下列句子翻译成英文：

（第一组）翻译练习：

1. He was running forward, waving his arms.

2. He stood there with crossed arms, looking angry.

3. She folded her arms and stared at him.

4. He held out/opened his arms with a broad smile.

5. He reached out a hand and caught /grabbed her arm.

6. She moved closer to her father and took his arm.

7. They walked along arm in arm.

8. He ran up to her and put/threw his arms around her.

9. He pulled her into his arms and kissed her.

（第二组）翻译练习：

1. She took the child’s hand and helped him climb the steps.

2. He reached for her hand and held it tightly.

3. They walked along, holding hands.

4. He held the key in his hand.

5. He grasped the rope with both hands.

6. He shook my hands as if we were long lost friends.

7. She smiled and held out a hand in welcome.

8. She put her hands to her cheeks in embarrassment.

9. Several students raised their hands to answer the question.

10. He slid his hands into his pockets.

11. She shrugged and spread her hands."That’s all I can tell you."

12. She shivered, rubbing her hands together fiercely.

13. Her hands shook/trembled as she lifted the glass to her lips.

14. A strong hand reached out and caught/ hold of her arm.

15. I cupped my hand over the phone so they couldn’t hear me.

16. He sat with his head in his hands.

17. They walked hand in hand along the path.

（第三组）翻译练习：

1. The teacher raised a warning finger and we stopped talking.

2. She raised/held up a finger to her lip to ask for silence.

3. "None of that!" cried the teacher, wagging/waving her finger.

4. I dipped my finger in the sauce and licked it.